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# 5 Question Discipleship Method

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**“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you.”**  
- Matthew 28:19-20

Him (Jesus) we proclaim, warning everyone and teaching everyone with all wisdom, **that we may present everyone mature in Christ...** - Col 1:28-29 (See also 1 Thess 2:19, Eph 4:11-12, \*Pr 20:5).

## Open in Prayer:

Pray for God to guide your time together (1). Pray specifically for wisdom (2) and understanding (3) and wait expectantly (4) as you search the Scriptures (5), pursue His presence (6) and seek wise counsel (7).

1) Ps 19:14, Jn 16:13 | 2) Jms 1:5-6 | 3) Ps 119:18, 169 | 4) Ps 5:3, Acts 17:11 | 5) Ps 19:7-11 | 6) Ps 16:11, Mt 18:20 | 7) Pr 11:14, 27:6, Mal 3:16

## LOVING GOD: Abiding in Christ • The Inward Man • *Quiet Time*

**Bible Study:** (1. *Verse of the week* 2. *Bible Reading Plan & Study Questions*)

1. What passage of Scripture have you memorized/**meditated** on the past week, and how did you **apply** it in your life?
2. What questions or thoughts do you have from your reading, learning and studying so far in your walk with the Lord?

### Prayer & Journaling

3. What **else** has the Holy Spirit been speaking to you during your quiet time with Him, teaching you throughout the week and doing in your life?

## LOVING OTHERS: Bearing Fruit • The Outward Man • *Community*

### Serving Others

4. How have you loved or served your neighbor this week?
  - a. What impact did it make on them and/or you?

### Sharing the Gospel

5. How have you shared your faith in Christ this week or planted gospel seeds?

**Close in Prayer:** *Pray for one another, share personal and specific requests.*

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# Understanding the 5 Questions

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Jesus summed up the law by telling us to love God with all of our heart, mind, soul & strength & to love our neighbor as ourselves (Mk 12:30-31). He also told us to abide in Him & His love by staying in His Word & obeying it. In doing so, we produce much fruit for Him & are filled with great joy (Jn 15:1-17). Therefore, each question is centered on obeying the greatest commandments - **Loving God & Loving Others.**

## **Loving God: Abiding in Christ • The Inward Man (Mrk 12:30, Jn 15:1-11)**

**Quiet Time:** *Quality, uninterrupted and worshipful time alone in fellowship with the LORD that includes prayer, reading His Word and listening to what He is telling us through it.*

- 1. Bible Study | Verse of the week:** We are "**transformed by the renewing of our minds**" (Rm 12:2). And, Jesus said "**man does not live on bread alone but on every word that comes from the mouth of God**" (Mt 4:4). God's Word then, is vital for every earnest follower of Jesus & we must diligently meditate on it & apply it in our lives (1). This is part of loving God with all of our minds & abiding in the true vine, Jesus Christ. | 1) Dt 6:6-9, 32:47, Jb 23:12, Ps 1:1-3, 119 all, \*Ez 7:10, Mt 7:24-27, Jms 1:22-25, 2 Tim 3:15-17
- 2. Bible Reading Plan & Study Material:** This question a. Drives us further into God's Word & helps us gain a holistic view of the Scriptures (1) (regular, systematic Bible reading guards sound doctrine & lets "**Scripture interpret Scripture.**") b. Creates space for questions & teachable moments like Jesus did for His disciples (2) & Priscilla & Aquila did for Apollos (3) | 1) Col 3:16a | 2) Mt 18:21 | 3) Acts 18:26
- 3. Prayer & Journaling:** Jesus set an example for us by regularly investing time alone with His Heavenly Father in prayer & listening to His voice (1). And He told us we would know His voice when He speaks (2). Like David & Daniel also did, this question presumes we're investing time daily, alone with the Lord in prayer & listening to His voice throughout the week (3). This is part of loving God with all of our heart, soul & strength as we seek to grow in our relationship with Him. Question three also reminds us to continually reflect upon what the Lord is teaching us, like when He instructed Haggai to "**consider his ways**" (Hg 1:5,7). The practice of journaling (capturing thoughts & taking notes) in order to reflect, remember (4) & share with others (5) helps us grow in our walk with Christ, increases our faith & allows us to retain important information (6). Biblical insights may come through Scripture, devotionals, worship songs, answered prayer & many other ways (7). This is part of loving God with all of our mind. Lastly, this question helps foster community & builds our relationships with others as we share what He is doing in our lives (8). | 1) Mt 14:23, Mk 1:35, Lk 5:16 | 2) Jn 10:27 | 3) Dan 6:10, Ps 5:3, 55:16-17 | 4) Jb 19:23-25, \*Ps 77:11-12, Pr 4:20-21 | 5) Ps 78:4-8, 102:18 | 6) Dt 6:4-9 | 7) Pr 24:30-32 | 8) Gal 6:6

## **Loving Others: Bearing Fruit • The Outward Man (Mrk 12:31, Jn 15:12-17)**

**Community:** *We are designed for community & strengthened in our faith when we walk in fellowship with other believers. "As iron sharpens iron so one man sharpens another." - Prov 27:17 (See also Gen 2:18, Ecc 4:12, Jn 13:34, Heb 10:25).*

- 4. Serving Others:** Jesus "**did not come to be served but to serve and to give His life for the ransom of many**" (Mk 10:45) & we must follow in His footsteps of service (1). He has prepared good works for each of us to do (2) & wants us to zealously pursue them (3). Question four is about humbling ourselves, living for others (4) & fulfilling God's plan for our lives (5). "**We only have one life to give.**" | 1) Lk 22:27, Gal 5:13-14 | 2) Eph 2:10 | 3) Ti 2:13-14 | 4) Phil 2:3-4, Mt 25:31-46 | 5) Jn 15:8, 16, Ti 3:8
- 5. Sharing the Gospel:** God has always blessed His people to be a blessing (1). Jesus chose us & appointed us to live for Him & bear lasting fruit (2). Our mission is to preach the gospel (3) & make disciples (4). Question five keeps us focused on the mission & planting gospel seeds every week. "**This life will soon be past, only what we do for Christ will last.**" -C.T. Studd | 1) Gen 12:2 | 2) Jn 15:16, 2 Cor 5:15 | 3) Jer 20:9, Dan 12:3, Mt 9:37-38, Mk 16:15, Lk 19:10, Acts 1:8, Rm 1:16, 1 Ptr 3:15 | 4) Mt 4:19, 28:18-20